



November

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to	9th-12th	"This is an Equal Opportunity Institution"	¹ BBQ Turkey Sandwich Fruit and Yogurt Plate Chef Salad Tossed Salad w/ Dressing California Veggies Fresh Grapes Frozen Fruit Juice Cups Low Fat Milk Chocolate Milk	² Chili Dog Tuna Salad Salad Chef Salad Confetti Coleslaw Baked Beans Chilled Peach Slices Fresh Fruit Bowl Ketchup Mustard, PC, MS1538 Saltine Crackers Low Fat Milk Chocolate Milk
⁵ Cheese Pizza Grilled Fajita Salad Chicken Salad Sandwich Green Peas Assorted Vegetable Juice Fresh Kiwi Wedges Fruit Cocktail Low Fat Milk Chocolate Milk	⁶ Chicken Nachos Tuna Salad Salad Pepperoni Pizza Wedge Mexicali Corn Spinach Salad Fruit Slushes Fresh Oranges Saltine Crackers Salsa Low Fat Milk Chocolate Milk	⁷ Creole Catfish Turkey and Cheese Wrap Chicken Salad w/Crackers Tomato & Cucumber Salad Southern Mustard Greens Fresh Fruit Bowl Assorted Fruit Juices Cornbread Hot Sauce Low Fat Milk Chocolate Milk	⁸ Vegetable Soup and Sandwich Combo Chicken Tenders Salad Chef Salad Steamed Carrots Garden Salad W/Dressing Tropical Fruit Sliced Apples and Grapes Whole Wheat Roll Low Fat Milk Chocolate Milk	⁹ Philly Cheese Steak Sandwich Fruit and Yogurt Plate Chef Salad Tomatoes with Dip Quick Baked Potato Fresh Pears Sliced Strawberries Graham Crackers Low Fat Milk Chocolate Milk
¹² Mexican Pizza Tuna Salad Sandwich Chicken Tenders Salad Crisp Cut Sweet Potatoes Tossed Salad w/ Dressing Mandarin Fruit Cup Sliced Strawberries Fat Free Milk Chocolate Milk	¹³ Chili Cheese over Chips Chef Salad Chicken Salad Sandwich Whole Kernel Corn Tomatoes with Dip Fruit Cocktail Fresh Grapes Saltine Crackers Low Fat Milk Chocolate Milk	¹⁴ BBQ Rib Sandwich Grilled Fajita Salad Pepperoni Pizza Wedge Baked Beans Confetti Coleslaw Chilled Peaches Fresh Melon Cubes Chocolate Chip Cookie Low Fat Milk Chocolate Milk	¹⁵ Turkey and Dressing Chef Salad Sweet Potato Casserole Green Beans with Potatoes Fresh Fruit Bowl Assorted Fruit Juices Saltine Crackers Whole Wheat Roll Fruit Cobbler Cranberry Sauce Chocolate Milk	¹⁶ Fish Nuggets Chicken Salad w/Crackers Fruit and Yogurt Plate Carrots and Red Peppers with Dip Oven Baked Potato Wedges Granny Smith Apple Pineapple Tidbits Whole Wheat Roll Variety of Dipping Sauce Low Fat Milk Chocolate Milk
¹⁹ HOLIDAY	²⁰ HOLIDAY	²¹ HOLIDAY	²² HOLIDAY	²³ HOLIDAY
Thanksgiving Holiday Break				
²⁶ Hamburger Steak w/ Gravy Chicken Tenders Salad Chicken Salad w/Crackers Steamed Brown Rice Sliced Carrots Lima Beans Pineapple Tidbits Assorted Fruit Juices Mexican Cornbread Chocolate Milk Fat Free Milk	²⁷ Chicken Nuggets Chef Salad Fruit and Yogurt Plate Mashed Potatoes with Cheese Broccoli Salad Calico Fruit Fresh Oranges Variety of Dipping Sauce Whole Wheat Roll Low Fat Milk Chocolate Milk	²⁸ Beefy Nachos Grande Chef Salad Pepperoni Pizza Tex Mex Style Beans Tomato & Cucumber salad Applesauce Frozen Fruit Juice Cups Salsa Brownies Low Fat Milk Chocolate Milk	²⁹ Macaroni & Cheese with Ham Slice Tomato Stuffed with Chicken Salad Fruit and Yogurt Plate Green Pea Salad Sweet Potato Casserole Tropical Fruit Fresh Bananas Yeast Roll Chocolate Milk Fat Free Milk	³⁰ Grilled Chicken Sandwich Trimmings Tuna Salad with Crackers Chef Salad Crispy Sweet Potato Cubes Mixed Vegetables Pear and Kiwi Medley Fresh Fruit Bowl Mayonnaise Mustard, PC, MS1538 Chocolate Milk